

Kindergarten Readiness Skills

Self-Help Skills

- ☐ Use bathroom and wash hands independently.
- ☐ Get dressed independently.
- ☐ Put on jacket and zip.
- ☐ Put on backpack and zip.
- ☐ Open lunchbox and all lunch items.
- ☐ Put on and fasten or tie shoes independently.
- ☐ Knows first and last name.
- ☐ Potty trained

Academic Skills

- ☐ Can write first name.
- ☐ Can count up to 10 objects.
- ☐ Can name all the letters in their first name.
- ☐ Knows how to turn the pages of a book.
- ☐ Can rhyme one syllable words.
- ☐ Can identify most letters of the alphabet.

Social Skills

- ☐ Understands taking turns.
- ☐ Can walk in a line.
- ☐ Can raise hand and wait to speak.
- ☐ Can play independently for 5-10 minutes (not on a tech device).
- ☐ Plays cooperatively and shares play items with others.
- ☐ Keeps hands and body to self.
- ☐ Can identify basic feelings like sad, happy, angry, and scared.
- ☐ Can comfortably spend some time away from parent/guardian.

Motor Skills

- ☐ Can hold a pencil correctly.
- ☐ Can cut a straight line holding scissors correctly.
- ☐ Can draw straight lines, diagonal lines, and circles.
- ☐ Can run.
- ☐ Can walk up and down stairs.